

**March
2023**

RANGER ROUND UP

From the Principal's Desk

At Lakewood High School we are working hard to curb the use of vape pens through increased surveillance, education, disciplinary consequences, and collaborating with the Lakewood Police Department. However, our efforts are not sufficient alone. We need the help of every parent/guardian to talk to their kids about the dangers of vaping. Unfortunately, adolescents and teens are still vaping regularly despite the research and information giving some of the grim details about the dangers of this trend. Here are some facts to remember and to share with your child as you discuss this issue with them:

- They are not safe alternatives to smoking. E-cigarettes contain highly addictive nicotine and other dangerous chemicals that impact brain development and damage lungs.
- Vapes can be laced or even produced with THC which is the chemical that gives the hallucinogenic effect in marijuana.
- There are growing reports of vapes being laced with the highly addictive and lethal opioid fentanyl. A dose of fentanyl as small as a pinch of salt can be lethal.
- Vaping and e-cigarettes are illegal to be sold or used by anyone under the age of 21.
- Buying or using vape cartridges from a "friend" or from anyone who would provide one to a minor increases the chances that they may contain substances that can be lethal.

To learn more about vaping and to find additional resources, please follow this [link](#).

Mrs. Morgan

**Lakewood High
School
14100 Franklin Blvd
Lakewood, OH
44107**

Lakewood High School

Twitter @Lkwd LHS

*Many groups and organizations also
have Twitter and Facebook pages*



Bulletin Board

**LHS Main Office
(216) 529-4028**

House 1: 529-4045

House 2: 529-4128

House 3: 529-4144

Book Room: 529-4047

West Shore: 529-4163

**Attendance
(216) 227-5991**

Lakewood City Schools

lakewoodcityschools.org

Twitter @lkwdschools

**Facebook
@LakewoodCitySchools**



**NO SCHOOL: March 13th – March 17th
SPRING BREAK**

LHS Barnstormers and the George P. Read Performing
Arts Department present:

Anastasia: The Musical

March 9th, 10th, & 11th @ 7:30p in the civic auditorium

Tickets \$8 ([presale](#)) or \$10 at the door

February Students of the Month!

Congratulations

Alexis Ward

Mia LoPiccolo

Ainsley Bronson

Ben Piller

Jacqueline Lyall

Kylee Zingale

Flynn Richenburg

Hunter Tate

Carmine Adkins

Sophie Craciun

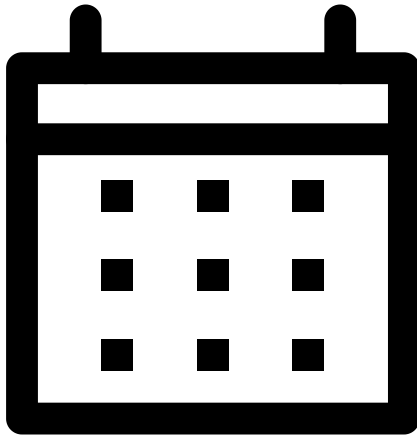
Lydia Kress

2022-2023 LHS Testing Dates

DATE	EVENT	NOTES
10/12/2022	PSAT (Grades 9 - 11)	Shortened day for Grades 9 - 11 (schedule to be sent at a later date) Grade 12 - No School
12/7/2022	Government AIR end-of-course exam	All students enrolled in 1st semester Government + AP Government
12/13-12/15, 2022	1st semester exams	All students follow 1st semester exam schedule
1/4 - 1/12, 2023	AIR end-of-course exam makeups	Counselors will notify those students required to test
2/1 - 3/24, 2023	Ohio English Language Proficiency Assessment	All students follow normal school schedule
3/1/2023	SAT	Shortened day for Grade 11 (schedule to be sent at a later date). No school for grades 9, 10, 12.
4/13/2023	ELA 2 end-of-course exam, Part 1	Purple/Gold Schedule (to be sent at a later date)
4/14/2023	ELA 2 end-of-course exam, Part 2	Purple/Gold Schedule (to be sent at a later date)
4/17/2023	Biology end-of-course exam, Parts 1+ 2	Purple/Gold Schedule (to be sent at a later date)
4/18/2023	Algebra 1 + Geometry end-of-course exams, Part 1	Purple/Gold Schedule (to be sent at a later date)
4/19/2023	Algebra 1 + Geometry end-of-course exams, Part 2	Purple/Gold Schedule (to be sent at a later date)
4/20/2023	US History + Government end-of-course exams, Parts 1 + 2	Purple/Gold Schedule (to be sent at a later date)
4/24 - 4/28, 2023	AIR end-of-course exam makeups	All students follow normal school schedule
5/1 - 5/12, 2023	AP Exams	All students follow normal school schedule
5/16 - 5/18, 2023	Senior Final Exams	All students follow normal school schedule
5/25 - 5/31, 2023	Underclass Final Exams	Grades 9 - 11 follow Underclass Final Exam schedule

LAKEWOOD HIGH SCHOOL

SCHOOL COUNSELING DEPARTMENT



SAVE THE DATE!

College Admissions Panel- March 30th, 6pm

CONNECT WITH US!

FACEBOOK: LHS SCHOOL COUNSELING DEPARTMENT

TWITTER: @LHSCOUNSELOROH

WEBSITE: WWW.LAKEWOODCITYSCHOOLS.ORG/SCHOOLCOUNSELING



LAKEWOOD HIGH SCHOOL

SCHOOL COUNSELING DEPARTMENT

LAKEWOOD SCHOLARSHIP LIST

Cleveland Foundation- 3/15
Medical Mutual Customer Schools Scholarships- 3/15
Charles Winning Kiwanis (males)-3/24
Lakewood Leadership Team Scholarship- 3/27
College Now Greater Cleveland- 3/29
Hudec Dental- 3/31
Lebanese Syrian American Junior League Scholarship- 3/31
Ohio Gas Association Scholarships- 3/31
Lakewood Kiwanis- 4/01
Robert C. Weber Vision of Lakewood Graduate- 4/01
The Resettled Refugee Visible Voice Scholarship-4/1
Lakewood Rocky River Rotary Scholarships- 4/3
The Herb Guild Garden Club- 4/5
Lakewood Teachers Association Scholarships- 4/6
Doris Burkley Scholarship- 4/6
NEO American Public Works Scholarships- 4/7
OAPSE Local 129 Scholarship- 4/15
Lakewood Women's Club- 4/15
The Gardeners of Greater Cleveland Scholarship- 4/26
Jane Edna Hunter (females)- 4/28
Lakewood Athletic Boosters- 5/01
Ratner, Miller and Shafran Foundation- 5/05
The Wang Ji Thong Family Scholarship- 5/28

There are hundreds more scholarships listed in Naviance that you can sort by deadlines.



College Now
Greater Cleveland

Spring IMPACT!

FREE
ACT
PREP

APRIL 17-
JUNE 9

ACT PREP - MISS LARSICK
3:00-6:00PM

COLLEGE EXAM PREP | COLLEGE & CAREER READINESS
\$200 STIPEND | COLLEGE EXPOSURE TRIPS!

MERRICK HOUSE - 1050 STARKWEATHER AVE, CLEVELAND, 44113

**TO REGISTER: [HTTPS://TINYURL.COM/SPRINGIMPACT23](https://tinyurl.com/springimpact23) OR SCAN THE
QR CODE**

QUESTIONS: EMAIL MISS LARSICK AT TLARSICK@COLLEGENOWGC.ORG





Happy March LHS Community-

Thank you so much for your contributions for the "Loads of Love for LHS Support Staff" Celebration in February. Everyone appreciated and enjoyed the treats. Thank you also for all your **Educator of the Year** and **Helping Hands** nominations. We will announce the award results in May! Thank you.

Please join us for our next PTA meeting, **Tuesday, March 21st at 7pm in the Ranger Cafe!** Everyone is welcome!

We will be discussing LHS happenings and voting on the slate of 2023-24 LHS PTA officers.

If you are interested in being an Officer or Committee Chair next year please contact Karen Cook (mrs_provost@yahoo.com) or Megan Millisor (meganmillisor@gmail.com) for further details on open positions.

2023-2024 Proposed LHS PTA Slate of Officers and Committee Chairs

President- Adrienne Simons*

1st VP- Megan Millisor*

2nd VP (Principal) - Joy Morgan*

Treasurer- Kelly Mohar*

Corresponding Sec.-Kristen Moran*

Recording Sec. - Katie Garrick-Potoczak

Council Delegate-Jessie Holland*

Council Alternate- Kirstin Craciun

Membership-Amy Smith*

Health, Safety, & Welfare-Laura Heckman-Spear *

Hospitality- Patricia Neligan Barley*

Reflections- Mary Gutierrez ([two people preferred](#))

Teacher Grants- Michael Miller

*Denotes second term- underlined positions with no asterisk are Nominees

The LHS PTA needs your support!

The LHS PTA relies on membership fees and Painless Project donations to help fund a variety of activities and programs for the LHS community. By joining today, you will be directly supporting:

- Staff Appreciation Events
- After Prom
- Senior Reception
- Reflections
- Educator of the Year
- Fall and Spring Teacher Grants

Annual membership dues are \$12 and the link to join is <https://tinyurl.com/lhsptasignup>

Have a wonderful Spring Break everyone!

Kind Regards,

Adrienne Simons

LHS PTA President

Adrienne_LHSPTA@yahoo.com

Supporting Teachers, Engaging Students

LHS PTA is pleased to announce the awarding of four grants through the LHS PTA Teacher Grants program, totaling \$1,016. These grants include:

- Painting supplies for a wall map of Cuyahoga County in Mr. Rinehart's classroom
- Support for the Trout In the Classroom program for Ms. Chahda-Gonzalez' Environmental Science class
- Food and supplies for the reptiles and amphibians cared for by the Herpetology Club through Club Advisor Mr. Streets
- Purchasing 3D DNA models for Ms. Alten's Biology classes

In addition to the funds allocated by the LHS PTA, a generous donation made by parent and PTA member Sabrina Roberts ensured that all grant requests were fully funded! We are grateful for this additional support.

Our school community is enriched by the many ways that teachers and club advisors enhance the opportunities and activities available for students!



Raising Children Who Love the Environment

Bianca Myrick

There is so much children can learn from the great outdoors! We spoke with Bianca Myrick, executive director of the Virginia Association of Environmental Education to learn how families can explore the environment together and raise kids who care for the planet. Bianca shares ideas on how you can replace screentime with green time at home and advocate for environmental education in your child's school.

[Listen Now](#)



Social Media 201: Embracing the Digital World

Laura Tierney

When our kids talk about the latest social media trends, it can feel like they're speaking a foreign language. Founder and CEO of The Social Institute, Laura Tierney, joined the show to help us understand how we can best support our children in navigating the current social media landscape. She highlights the importance of positive social media education and shares how technology can support our children's mental health and even their study habits.

[Listen Now](#)

2022/2023 LHS PTA Members as of March 1st , 2023:

Alexandra Adamov	Domenic Farinelli	Ann Pesta
Kimberly Adamov	Leslie Favre-Krogman	Sydney Peterson
Cassandra Alanen	Bridgette Firstenberger	Katie, Kevin Potoczak
Ruth Albertelli	Lauren Flynn	Karen Reighard
Karen Alten	Colleen, Riley Forester	Jennifer Revy
Nicole Andregg	Tara, Tristan Funk	Stephanie Riley
Laura Arth	Kathleen Gabriel	Tim Rinehart
Matthew, Cassie, Charlie Auck	John, Valerie Garcia	Sabrina Roberts
Yakoob Badat	Jeff, Kristen Gardner	Stacie Ross
Nadeen Baker	Laura, Russel Germaine	William Roth
Aiden, Emma, Tom, Bangart	Allison Gliozzi	Rebecca Rumsey
Megan Beisel	Michelle Goggin	Autumn Sabin
Elizabeth Bender-Thomas	Carlos & Alice Guajardo	Jason Saksa
Jennifer, Joe Beno	Kaya, Mary Gutierrez	Corinne Sandor
Ann Bischof-Bockbrader	Elizabeth Hankins	Alina, Terence, Bryce Sandoval
Chris Brookholt	Gary, Laura, Arabella Heckman-Spear	Anne Schleicher
Nora Black	Megan Henrikson	Shannon Scott-Miller
Becky Boatman	Dave Hille	Amy Sedlak
L, Enkelejda Brahaj	Rob, Jessie, Jamie, Cal Holland	Zoey Serna
John Burgess	Samual Holten	Stephanie Severino
John, Luke, Michael Burke	Lisa, Ed, Alexandra Horton	Lisa Shaffer-Gill
Traci Burke	Emmie Hutchison	Sharon, Luke Schuldt
Laura Butterfield	David & Kelly Jablonowski	Sandy Silo
Alex Cammock	Heather Kama-Starr	Adrienne Simons
Cicely, Peter Campen	Elizabeth Kapferer	Amy Smith
Janessa Cardillo	Lisa Kapsalis	Shannon Snare
Peggy Carlin	Heather Karban	Dana Sorge
Michael, Jen Carroll	Kim, Nora, Shannon Katzenberger	Jennifer Spada
Rita Chada-Gonzalez	RaeLynn Kirk	Arabella Spear
Anthony Chiaravalle	Matthew, Melissa Kress	Casey Squires
Ana Cisco	Martial Lester	Sean, Katie Stallbaum
Regan Clawson	Joe Loboizzo	Jennifer Starr
Karen Cook	Lisa Majeski	Cindy, Scott, Adam Steinbrick
Laura Cosgriff	Matt, Katie, Nevan Marking	Elise, John, Sullivan Stois
Kristin Craciun	Emily Marvin	Michael Szittai
Bridget Crist	Amy, Anna Maurer	Kristen Thompson
Sarah Csongei	Liam, Rachel McGann	Stephanie Toole
Kirk, Culler	Tom, Megan McGann	Kimberly Trnavsky
Jess David	Megan Millisor	Jennifer Trzaska
Stephanie Deline	Joel & Kelly Mohar	Susan Wagner
Carla DePhillips	Mary Beth Moore	Kim, Daniel, Maddie Walcheck
William DiMascio	Matt & Kristen Moran	Ava Watts

LHS PTA Membership (Cont.)

Brian, Brigitte, Erin Dineen
Laura Dolan
Robert, Rachel Donaldson
Craig Dorn
Jeff, Amy, Eliza Dreger
Shannon Dunn
Martin, Mary Dunne
Mollie Eardley
Abbey Drost
Deborah Ellis

Joy Morgan
Diane Moyer
Sandy Najarian
Patricia Neligan Barley
Stacey O'Boyle
Elizabeth O'Brien
Arline Olear
Rayleen Orlando
Kelly Payne
Laurie Pelaia

Jason Weiner
Kyle White
Stacey Whiteamire
Allee Whitlock
Sarah, Matthew, Meg, Max Winters
Errin, Eva Wischhusen
Tom, Meredith Wojtkun
Sherry Workman
Walter, Judy, Lila, Iris Wright
Ahmie, Delano, Garvin, William Yeung





Roaring into March!

"I would teach children music, physics, and philosophy; but most importantly music, for the patterns in music and all the arts are the keys to learning." — Plato

Congratulations to LHS Chamber, Symphonic Orchestra and Wind Ensemble for earning a Superior rating at Ohio Music Educators Association State adjudication last weekend! An outstanding showing from all our performers!! Congrats to the directors! Thank you to the Civic staff, all the volunteers who made the day run smoothly!

Catch the Barnstormers and the George P. Read Performing Arts department's spring musical, **Anastasia**, March 9th, 10th, and 11th at 7:30p in the Civic Auditorium.

You won't want to miss this student production!

Tickets may be purchased online \$8 (presale) at [Payschools](https://payschools.com) or \$10 at the door.

Summer camp registrations have begun. Could you use some help covering the cost of a performing arts camp or ready to hone your musical/theatrical/vocal chops with private lessons this summer? Talk to you music, choir, or drama teacher to learn more about a Music Boosters Summer Scholarship or visit lakewoodmusicboosters.com for more information.

Why we support the performing arts, what keeps music education relevant:

- | | |
|--|---|
| 1. Musical training helps develop language and reasoning | 11. Music builds imagination and intellectual curiosity |
| 2. A mastery of memorization | 12. Music can be relaxing |
| 3. Students learn to improve their work | 13. Musical instruments can teach discipline |
| 4. Increased coordination | 14. Preparation for the creative economy |
| 5. A sense of achievement | 15. Development of creative thinking |
| 6. Kids stay engaged in school | 16. Music can develop spatial intelligence |
| 7. Success in society | 17. Kids can learn teamwork |
| 8. Emotional development | 18. Responsible risk-taking |
| 9. Students learn pattern recognition | 19. Better self-confidence |
| 10. Fine-tuned auditory skills | 20. It's FUN |

-Courtesy of the National Association for Music Educators

"If I were not a physicist, I would probably be a musician. I often think in music. I live my daydreams in music. I see my life in terms of music."

— Albert Einstein

A round of applause to our Lakewood Music Boosters members:

Aaron and Laura Waryk	Martin and Mary Dunne	The Guajardo Family
Andrew and Emily Marvin	Matt and Sarah Winters	The Hill Family
Awesome Sabin	Max Mitterholzer	The Holland Family
Beth Hankins	Megan Millisor	The Janko Family
Balogh-Allie Family	Melissa & David Diemert	The Katzenberger Family
Carrie Smith	Meredith and Thom Wojtkun	The Kavc Family
Chris and Rachel Burns	Michael and Lisa Shaffer-Gill	The King Family
Clinton Steinbrunner	Molly Eardley	The Kissel Family
Colleen Worthington	Mr. William DiMascio	The Kress Family/Team Kress
Dave Hille	Mrs. Karen Bescan	The Majeski-Auck Family
Dick and Kate Ingersoll	Mrs. Renee Wagner	The Marich Family
Dr. Christine Newton	Patty Mullinax	The Marjanovic Family
Dr. Kristina Kovach	Peter Campen & Regan Clawson	The Maurer Family
Eardley Family	Rayna Brooks	The Niedzwiecki Family
Emily Murphy	Renee Wagner	The O'Brien Family
Emmie Hutchison and Michael Evans	Ruth Albertelli & Rob Donaldson	The Pasquali Garman Family
Erin Monroe	Saskia and Rob Romeo	The Peck Family
Gwenn & William Seaman	Shinn Law Firm	The Schuldt Family
Janessa Cardillo	Susan & Thomas J. Wagner	The Sedlak, Gerak & Resto Family
Jason Weiner & Kristine Williams	Terry & Alina Sandoval	The Showers Family
Jeff and Tracey Lodge	Tess and Drew Hosler	The Silo Dorn Family
Jim and Barbara Pearce	The Ast Family	The Stallbaum Family
Joel & Teresa Andreani	The Barley Family	The Tamunday Family
Joy Morgan	The Bees Family	The Thomas Family
Judy & Steve Fesko	The Blasko Family	The Toner & Breiner Family
Julie Sweany and Glenn Campbell	The Browning Family	The Wagle Family
Karen Cook	The Craciun Family	The Walcheck Family
Kathy and Emma McKeon	The Diamond-Ortiz Family	The Wischhusen Family
Katie and Cotton Phillips	The Dineen Family	The Wright Family
Kelly Wirt	The Donaldson Family	The Wroblewski Family
Krisztina J. Nadas	The Firstenberger Family	The Zrnich Family
Lara Lillibridge	The Frischauf Family	Trish Hendy
Laura and Gary Spear	The Funk Family	Vince Huzicka
Marcy-Pace Family	The Gipson and Bassett Family	William and Carrie Goga
Mark and Margaret Walter	The Grant Family	Yakoob Badat



Join Music Boosters!

Support our 70+ Music Groups in the District
Visit www.lakewoodmusicboosters.com to join via PayPal or Venmo
Use @lkwdmusicboosters@gmail.com

Choose your membership level, fill out your contact information, enclose with your check made out to Lakewood Music Boosters and mail to:
Lakewood Music Boosters PO Box 770782 Lakewood, OH 44107

Member's Name: _____

Name to Appear in the Concert Programs: _____

Address: _____

Phone 1: _____ Email 1: _____

Phone 2: _____ Email 2: _____

By supplying your email address, you give consent for the Lakewood Music Boosters to contact you via email to provide information on news, events, fundraisers, or membership.

Your Student(s): _____ Grade/School _____

_____	_____
_____	_____
_____	_____

<i>\$500 Corporate Level</i>	<i>\$100 Gold Level</i>	<i>\$40 Ensemble Level</i>
<i>\$200 Fortissimo Level</i>	<i>\$60 Purple Level</i>	<i>\$20 Solo Level</i>

Date of Membership: _____ **Choose your membership level: \$** _____

Ask your employer if they offer a Matching Donor Program.

*** (501(c)(3) Employer Identification No. 23-7163428)**

Become a SCHOLARSHIP BENEFACTOR

Gilmore Fund (Summer Lessons/camps) \$ _____

Additional Donation \$ _____

Total donation of membership level and scholarship: \$ _____

****Please indicate how the membership was paid: Cash/Check/Paypal/Venmo**

Membership Runs 7/1/22-6/30/23

SPORTS RESALE EVENT

**MARCH 4th!
2023**

**GENTLY USED
SPORTING GOODS
AND CLOTHING
Most items \$1-5!**

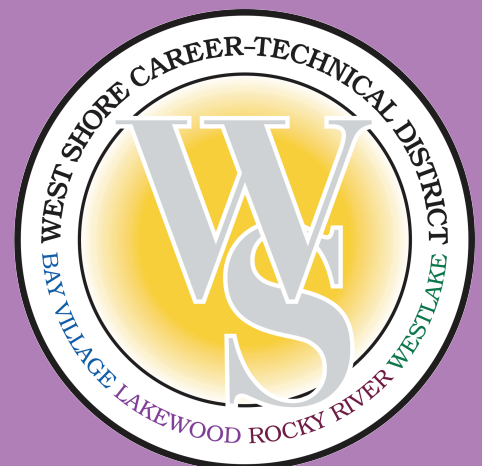
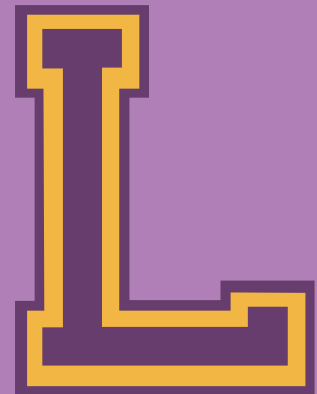
**LAKEWOOD HIGH
SCHOOL CAFETERIA
9am-12pm**

**ADMISSION
DONATION \$1**

~This is a cash only sale~



**LAKEWOOD CITY SCHOOLS
COMMUNITY
RECREATION & EDUCATION
DEPARTMENT**



Spring 2023

You're not alone

Connecting for Kids (CFK) provides education and support to families who have concerns about their child. We serve all families, including those children with and without formal diagnoses. CFK offers educational programs, support groups, a Parent Match Program and numerous resources.

Designed for your family

Programs are designed to educate and support families of children (birth - 12 years) who are struggling. Look for these icons to choose programs for your family:

- Y** Families with young children (0-6 years)
- E** Families with elementary-aged children (7-12 years)
- A** All families with children (0-12 years)

Free programs

All Connecting for Kids programs are free and open to the public. For more information:

Call/Text: 440-570-5908
info@connectingforkids.org
connectingforkids.org/register

Connect With Us

It's free to join Connecting for Kids and start connecting with other Greater Cleveland Area families on a similar path.

connectingforkids.org/joinus



facebook.com/
connectingforkids



@connectforkids



@connectforkids



Inclusive Lakewood

Join Connecting for Kids and the Healthy Lakewood Foundation for our spring Inclusive Lakewood programs.

These programs, presented in partnership with the Lakewood Family Room and Lakewood Public Library, aim to support Lakewood caregivers and their children with disabilities and mental health concerns. For information and registration, visit connectingforkids.org/outings

Anxiety & Attention Family Support **E**

Caregiver and child support program for families and their children ages 7-12 with concerns about mental health or low support needs disabilities.

Thursday, Mar. 23, 6:30 p.m.
Lakewood Public Library, Main Branch

Inclusive Drop-In **Y**

An inclusive playgroup for families with children ages 0-6 with or without disabilities.

Thursday, Mar. 30, 9:00 a.m. - 12:00 p.m.
Lakewood Family Room, Cove Community Center

Music Therapy & Parent Connect: Elementary-aged Complex Needs **E**

Music and support program for families and their children, ages 7-12 years, with complex needs and disabilities.

Saturday, Apr. 1, 1:00 p.m.
Lakewood Public Library, Main Branch

Inclusive Play & Connect **Y**

Hands-on play and support program for families with children ages 0-6 with or without disabilities.

Thursday, Apr. 27, 9:00 a.m. - 11:00 a.m.
Lakewood Family Room, Cove Community Center

Register at connectingforkids.org/outings